

# REBIOGER

*Personalized  
Biological Restoration*

By Flor de Paz / Photos by José Tito Meriño



The International Neurological Restoration Center (CIREN in Spanish) in the Cuban capital is unique in the world. The personalized attention, one of CIREN's principles, makes its neuro-rehabilitation and biological restoration programs remarkable.

REBIOGER, the biological restoration program, is directed to healthy men and women over 30 years of age. Its goal is to prevent senile deterioration, as well as guaranteeing renovated well-being in those with functional or organic alterations or at risk of suffering from them.

According to scientists, aging is a multifactor process in which both environmental and genetic aspects intervene.

Environmental factors are an important 65 percent of the problem and include lifestyle related behaviour such as lack of exercise, obesity, hypertension, toxic habits and cholesterol metabolic disorders, as well as poor food practice: deficient in vitamins and overstocked with saturated fats.

Stress also contributes to the aging process through the action of free radicals, molecules produced in the cells of our body causing cellular deterioration in systems and organs and are significant in several pathological processes such as diabetes mellitus, masculine sterility and cataracts.

Aging does not occur in the same way all over the body. The skin reveals the process clearly as a consequence of the so-called photoaging provoked by ultraviolet rays and other environmental contaminants.

The nervous system is very sensitive to this biological process. Memory deficits, sleep disorders and irritation begin to appear.

Treatments applied in the General Biologic Restoration Program are founded on the evaluations made on the patient in the initial period, including metabolic, clinical, neurological, neurophysiologic, psychological, cognitive, motor, functional, dental, nutritional and cardiovascular tests.

Based on the patient's studies, dietetic correction is one of the first indications. Likewise, the client's medication is adjusted with recommendations for REBIOGER products having antioxidant effects. The specialists also use physical training programs to rectify balance and walking. The use of physical agents such as magnet therapy or ozone therapy, the latter for its beneficial effect in removing free radicals, is also suggested.

If necessary, the patient can have psychological and dermo cosmetic treatments and plastic surgery.





## REBIOGER Products



REBIOGER's family of products constitute potent antioxidant modulators that avoid the formation of free radicals or favour their removal, which give these products modulating properties on systemic skin aging.

These products provide important vitamin supplements and are offered in the form of capsules for oral administration and oleic-aqueous, liposome and hypoallergenic creams for topical application.

REBIOGER offers three lines of products: cosmetic, dietetic integrators and nutritional complements.

Cosmetic products include anti-aging creams, cleansing fluid creams, stimulating massage cream and anti-aging cream. There is also suntan cream with high and medium protection antioxidants and demoprotective cream.

Among the dietetic integrators (for special nutrition regimes) are Rebioger C and Q10, tonics and energizers, angioton gel capsules, angioton gel cream and Eutrocin.

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